



# SILVIA NAVAL

✉ silvianavalh@gmail.com



5814-1209-5884

🌐 www.silvianaval.com



Spain, USA, UK

HEIGHT: 175cm (5' 9")

HAIR: Dark Brown

PLAYING AGE: 16-26

EYES: Dark Brown

## CREDITS

### Stage

Year	Production	Role	Director	Company
2020 - Currently on	<i>STOP</i>	Lidia Hernández	Fran Expósito	<i>Criticcate</i>
2020	<i>Danton 1794</i>	Cécile Renault	Adam Voice & Vanesa García	
2019	<i>Mentiras Amarillas</i>	Katharina Draganovic	Ensemble	<i>Identidades Teatro</i>
2019	<i>Alice in Wonderland</i>	Alice	Valentina Ricci	<i>IAB</i>
2019	<i>Oh, what a lovely war!</i>	British General, Switzerland	Michael Howcroft	<i>IAB</i>
2018	<i>13</i>	Rachel	Rob Watt	<i>IAB</i>
2018	<i>The Seagull</i>	Masha	Drew Mulligan	<i>IAB</i>
2018	<i>Pains of Youth</i>	Marie	Jonny Floyd	<i>IAB</i>
2018	<i>Antigone</i>	Antigone & Chorus	Sophie James	<i>IAB</i>
2017	<i>King Lear</i>	Regan	Drew Mulligan	<i>IAB</i>
2012 - 2016	<i>MUSICAL.IES</i>	Actress, Dancer	Roxana Schmunk	<i>Auditorio Tenerife</i>

### Screen

2020	<i>El Destino del Santa Teresa</i>	Marta (Lead)	Miren Saenz	<i>TAI</i>
2020	<i>Deathroad</i>	Clara (Lead)	M. José Capéans	<i>TAI</i>
2019	<i>Doppelgänger</i>	Blanca / Doppelgänger (Lead)	Miquel Sierra	<i>ESCAC</i>
2018	<i>La ladrona</i>	Jessica (Lead)	Miquel Sierra	<i>ESCAC</i>
2017	<i>Pa Que Lo Bailes</i>	Modelo (Videoclip)	Henry Méndez	
2016	<i>TENERIFE LIVE016</i>	Model	Richard Ashforth	<i>SACO Hair</i>
2011	<i>ALBA</i>	Alba (Co-lead)	Jaime Falero	<i>FilmCanaryIslands!</i>

## TRAINING

2020	LAPU-LAPU Estudio	Acting on Camera
2016 - 2019	Institute of the Arts Barcelona (Liverpool John Moores University)	BA Hons Acting
2010 - 2014	Escuela Actores de Canarias (EAC)	Drama

### Workshops

2020	Chema García	<i>The Actor on Action &amp; Crime</i>
2018	Kate Firth	<i>The Actor's Voice</i>
2018	Vipin Sharma	<i>Meisner</i>
2018	Kellie Hughes	<i>Viewpoint</i>
2017	Cosmin Chivu	<i>Acting through sense memory</i>
2017	John & Jane Godber	<i>Acting style of Hull Truck Theatre</i>
2016	Liam O'Sullivan	<i>Performance Anxiety</i>

## SKILLS

English (RP, American, Cockney), Spanish (Canarian, Neutral), Armed Combat, Jazz Dance, Cabaret Dance, Social Dance, Contemporary Dance, Laban, Singing (F3-C5-C6), Choir Singing (Soprano), Guitar, Driving Licence, Volleyball, Basketball.